

Lunch Farm Lesson Plan

KS 2 Unit 5 Living in a diverse world Unit 7 Children's rights

Ks 3 Unit 16 Celebrating Human Rights

Objectives:

- Begin to understand that all humans have basic needs.
- Begin to understand that there are particular rights for children under the UN convention of the rights of a child.
- Contribute to group and class discussions.
- To find out and communicate what it is like to live in a different place.
- Develop skills of empathy and learn to respect diversity.

Section A

Introduction – Q and A. If you wish write or draw answers on the board.

What types of food do you like? Dislike?

What meals do we have during the day?

How do you feel when it is nearly lunchtime or dinnertime? (*–Tummy rumbles, tired, grumpy*)

Why do we get these feelings? *Explain that our body needs food to work and by being hungry this is our body letting us know we need food.*

Task:

Students to draw a picture of their face 1 hungry 1 eaten – full. Include words from board.

Q and a

How would you feel if you could not have any lunch at school? *Refer to a pupils hungry face picture and what has been previously written on the board.*

Show photos of Thai children (*attached*). Ask students, which one is hungry (younger boy holding plate), explain that he does not go to school because he is hungry and can not concentrate.

Show picture of older boy. Explain he is holding a basket of mushrooms he has collected from the shed behind him, he is working on a school lunch farm.

Section B

Introduction: Re cap previous lesson. Remind students that some Thai children do not have a meal at school so they become tired and can not concentrate and that they stop going to school. Show again the 2 photos

Introduce lunch Farms: Explain that Thai children can help themselves by growing food to eat at school so each child can go to school and receive 1 healthy meal a day. Teachers and students work on the farm.

Show examples of Thai fruit that may be grown on a lunch farm, Mango, dragon fruit, let students taste the fruit.

Play the Thai Tucker game and test their farming skills, remember that they need to grow 3 different types of food to make a healthy meal.

Plenary

Bring the group back together. Discuss how many children they managed to keep in school, and the meals they produced for the children to eat from playing the Thaituker game

How did the Thai meals they grow on lunch farms differ from the ones they have at school?

What sort of food could be produced at your school? Do you have sufficient land to grow your own crops?

How important is it to produce meals for the poor children in Thailand?

How would it affect the children in the long term if they do not get a proper meal at school?

How could we help children in Thailand?

